

APRIL 2024

# uKnight

ISSUE 4



HAPPY  
*birthday*



**Juan Neethling**



**Charnée Cloete**

IT'S  
YOUR  
day



**Anke Strydom**



# TOP ACHIEVERS



*Term 1*



Congratulations to these learners for their exceptional achievements. Your dedication and hard work are clearly paying off. Keep striving for success!



# Knights' of honour

We would like to congratulate the following learners for their outstanding achievements on the netball court.

Their commitment to their respective sports is truly commendable. Not only have they showcased exceptional skill and talent, but they have also demonstrated great sportsmanship and teamwork. Their achievements serve as a source of inspiration to their peers and a testament to the power of perseverance and determination. Let us continue to support and celebrate their success, both on and off the field.

## NETBALL

The U19 WP netball tryouts, at De Kuilen High on April 4th, were graced by the presence of three Grade 12 stars: Kelly Martin, Tamia Rossouw, and Lilitha Akinyemi.

Following their debut, Kelly and Tamia strutted their stuff at the second round at Durbanville High on April 15th.

While Kelly dazzled her way into the final round, she narrowly missed securing a spot on the team.

This trial was a whirlwind adventure for our girls, and we cheer them on for their spunky spirit!

**- Miss J du Plessis**





# RUGBY



We would like to recognize Chloe Martin's incredible achievement of being chosen for the WC 7's Touch Rugby team, which is being coached by Stormers coach Labeeb. Congratulations, and we can't wait to see you in action on our screens!

# welcome!

*Mrs. Chirinda*



Mrs. Chirinda teaches  
EMS, Hospitality and Life  
Orientation.

*Ms. Mostert*



Ms. Mostert teaches  
Afrikaans FAL.

**Our Knights' family is expanding, and we  
are thrilled to welcome our new  
educational staff to Bosmansdam!**

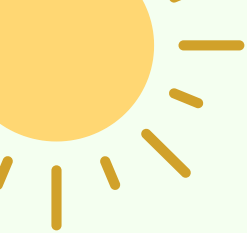


# FREEDOM

27 April 2024  
*Day*

True freedom comes from bravery, strength, and goodness. The only one who can take those from you is you. It takes courage to let go of the past, but the ability to forget it is where true freedom is found. True freedom gives a man not only the right to make a right choice, but also the freedom to make a wrong choice.





# EARTH DAY

Go *Green* at Bosmansdam  
High



At the mystical tuckshop, where treasures are traded for earthly goods, reclaiming bottles and cans bestows rewards (small bottles for a coin, big bottles for two). Meanwhile, the wise sages of the faculty have reshaped their scrolls to lessen the ink's touch upon parchment.

In the verdant eco quad, a sanctuary of balance and harmony, whispers carry tales of solar blessings bestowed upon its domain. Each passing year, a grand ritual of paper rebirth unfolds through the ancient dance of recycling.







# International DANCE DAY

29th April 2024



IMAGINE!

IMAGINE A DANCING PIG

IN A BIG PURPLE WIG

IMAGINE A DANCING CAR

IN THE SHAPE OF A STAR

IMAGINE A DANCING BEAR

WEARING PINK UNDERWEAR

IMAGINE A DANCING FOX

WEARING FLUFFY SOCKS

IMAGINE A DANCING SHOE

THAT ALWAYS STAYED NEW

JUST IMAGINE A DANCING

YOU!



ALAN WRIGHT

# MR & MS Bosmansdam

**There's a new King and Queen in town!**

Our annual Mr & Ms Bosmansdam event occurred on the evening of April 30th, 2024. The beauty of our students shone brightly, and the participants dazzled us with their diverse appearances from around the globe. A heartfelt thank you to all those who contributed to creating this unforgettable evening.

The atmosphere was filled with laughter and joy and the stage a kaleidoscope of performances. As the night unfolded, the Mr & Ms Bosmansdam event became a night to remember, a night where memories were created that would last a lifetime.

Mrs. Cloete and Mrs. Davies' dedication and hard work were evident in every detail of the event, ensuring that every student felt valued and appreciated. Their passion and efforts towards creating such a memorable event did not go unnoticed.

We look forward to many more Mr & Ms Bosmansdam events in the future, where we can continue to celebrate the rich tapestry of cultures and talents that make our school community so vibrant and special. Thank you to all who made this evening possible, and here's to many more moments of unity, diversity, and togetherness in the days to come.



## **Congratulations to our winners:**

Mr. Bosmansdam: Zachary Holland

Ms. Bosmansdam: Sonique Daniels

1st Prince: Ashton Edwards

1st Princess: Megan Overington

2nd Prince: Tyline Paich

2nd Princess: Tylo Visser









# NETBALL

## MATCH RESULTS

### APRIL

We take great pride in our dedicated netball players who have shown exceptional commitment on the court. Three league matches have taken place this term and the match results are as follows:

#### Bosmansdam vs Fairbairn

U19A: Lost 9 – 15  
U19B: Lost 3 – 12  
16A: Lost 5 – 13  
16B: Lost 9 – 15  
U14A: Won 11 – 8  
U14B: Drew 2 – 2

#### Bosmansdam vs Parklands College

U19A: Lost 15 – 35  
U19: Won 16 – 13  
U16A: Lost 8 – 32  
U16B: Friendly match  
U14A: Lost 13 – 16  
U14B: Won 7 – 3  
U14C: Friendly match

The netball ladies also had their matches against Melkbosstrand, where they unfortunately did not manage to come away with a win in any of the age categories, however their spirit and drive were remarkable to view.



# RUGBY

## MATCH RESULTS

### APRIL

The rugby boys have also been busy recently. They have played three schools this month and the results are as follows:

U19A = Bosmansdam 22-12 Hamlets RFC  
U19B = Bosmansdam 13 - 21 Hamlets RFC  
U16A = Bosmansdam 17-0 Hamlets RFC  
U15A = Bosmansdam 0-10 Hamlets RFC  
U14A = Bosmansdam 12 - 24 Hamlets RFC

U19A = Bosmansdam 18-36 HHH  
U19B = Bosmansdam 10-38 HHH  
U16A = Bosmansdam 17-7 HHH  
U15A = Bosmansdam 14-7 HHH  
U14 = Bosmansdam 0-57 HHH

U19A = Bosmansdam 29 - 22 De Kuilen  
U19B = Bosmansdam 10-21 De Kuilen  
U16A = Bosmansdam 10-0 De Kuilen  
U15A = Bosmansdam 14 - 7 De Kuilen  
U14A = Bosmansdam 0-82 De Kuilen



# MOTIVATION STATION

## **You're a taste of the cream of the crop by Jonathan Kitange**

I am a learner in Bosmansdam High school and I would like to remind all of the grades that each year is the foundation block of what you aspire to be. As the recipient of the top achiever tag since grade 8, there's nothing like knowing that your output is a reflection of the work and effort you put in.

Here are my suggestions for reaching the top and achieving academic success:

- Consistency plays a crucial role in your accomplishments, accompanied by other factors.
- Understanding how to study effectively, and tailoring it to suit your needs, is key.
- Develop your own study system and maintain a growth mindset, aiming for continuous improvement.
- Evaluate your progress daily and identify areas for personal growth.
- It's vital to prioritize your study methods and habits over focusing solely on grades or outcomes.
- Don't limit your potential and abilities to meet class standards.

**As Denzel Washington said: "Without commitment, you'll never start, but more importantly, without consistency, you'll never finish."**

# ~~FAIL~~



# *Knights' Society*

**CHRONIC**

**BY CALEB LINGOMBA**

It's always there, a plague but a part of us. A feeling that has found unwelcome but consistent refuge.

It's the hyperventilating in front of a class before orals. It's the frantic stress ball appearing to be before a physics exam. The little stresses that fill up life with complexity and intensity. It's the overwhelming feelings as we approach closer to our exams. A mesh of pressures, standards, fears. It's human, it's chronic and not something that you can switch off but we can manage it.

Keeping ourselves at the centre. Keeping what makes us, us in mind. The things that keep you sane, we all have those things, it keeps us grounded. Stress is something that can be unhealthy if not managed well. So it's important to remain self-aware, reflect on your feelings. Find ways to calm yourself down after busy, stressful or just bad days.

"There is so much change, so many feelings that you will feel. So just remember yourself and keep yourself."

# **THE DAY OF FREEDOM**

## **BY LISA M**

There are many of us,  
We stand in a long, winding line whose end  
and start I cannot see.

All of us are stood to attention,  
Waiting, maybe for the last time,  
For change to finally come.

I stare at the woman in front of me.  
Her shoulders are drawn high up,  
Her legs stretched in a running position.  
Her eyes bounce around as if she is expecting an attack.  
Her image makes me think that  
maybe she has never been quite this far from home:  
Her hands clench tightly onto her book.  
There is a fear to her, but I see courage blossom in her  
as she stares at the man who has just stepped out of the booth.

The man cradles his right hand,  
His face a canvas of disbelief and reverence.  
He staggers as he walks almost as if he were intoxicated.  
He pants as if he had run a marathon,  
He is dishevelled.

The many of us stare at him in understanding.  
Today is an unbelievable day,  
It is a day we have always prayed for - fought for.

Freedom has finally come!

Today is the day of reckoning.  
We as a people are finally able use our voices without fearing rebuke,  
We as a people will finally not be held by unfair rule and decrees.  
Today is the day our mothers have cried for,  
The day our fathers have suffered for,  
The day many others have fallen for.

Today is the day of Freedom.



# NOTICE BOARD

**8 AUG - BEAT CLASH  
DJ FESTIVAL**

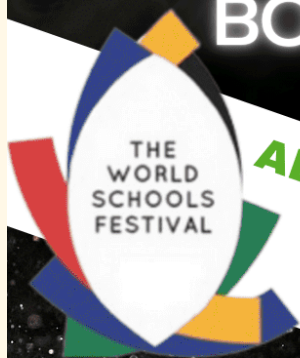
**9 AUG - RUGBY & NETBALL**

**9 AUG - TITAN OF TALENT  
MUSIC EXTRAVAGANZA**

**10 AUG - RUGBY & NETBALL  
FINALS**



**8-10 AUGUST 2024  
BOSMANSDAM HIGH SCHOOL**



**ABU DHABI 2024**

*Who will be  
selected?*

**URBAN  
SPORTS  
FESTIVAL**



**Powered by**



**Bosmansdam  
High School**

**More Info**



 **MORE INFO - [WWW.URBANSPORTSFESTIVAL.CO.ZA](http://WWW.URBANSPORTSFESTIVAL.CO.ZA)**





# Titans of TALENT

We're looking for talented performers for our upcoming  
Talent Competition!

**GET READY TO UNLEASH YOUR TALENT!**

## ENTRY IS EASY:

Bands, Choirs, Vocals, & Instrumental ARTISTS send us a 2-3 minute audition video via our app which you can access by scanning the QR Code.

- **Semi-finalists will be announced at our launch in June.**
- **Contestants will be judged by celebrity judges.**
- **Finalists will be invited to the Gala event being held on the evening of the 10th where the winner/s will be announced.**

**9 AUGUST 2024**

**BOSMANSDAM HIGH SCHOOL**

Festival Set up with large tent, professional staging & food trucks will be available

## PRIZES TO THE VALUE OF

**1<sup>st</sup> R5000**  
**2<sup>nd</sup> R3500**  
**3<sup>rd</sup> R2000**

## POWERED BY



**KWENA**  
group holdings



**Bosmansdam  
High School**

**SCAN ME**



**Candidates must be between the ages of 14 and 19**

**Submission deadline is 15 May 2024**

**ENTER THROUGH  
THE APP**





# Beat Clash

## DJ COMPETITION & ELECTRONIC PARTY

⚡ 14 - 19 ONLY ⚡



PERFORMANCES WILL BE NOTHING SHORT OF  
**ELECTRIC !!!**

### ENTRY IS EASY:

- DJ's, Audition by submitting your 8 - 10 minute audio mix through our app
- Fill out the entry form and submit it.
- Selected candidates will go to the workshop session and be shortlisted from there.
- The Selected candidates will be announced at our launch in June.
- KNOWN DJ judged performances will take place on the 8th of August, opening the urban festival stage.
- Deadline for entries 15 MAY 2024
- ENTRY IS FREE

### PRIZES TO THE VALUE OF

**1<sup>st</sup>** R5000  
**2<sup>nd</sup>** R3500  
**3<sup>rd</sup>** R2000

## 8 AUGUST 2024

### BOSMANSDAM HIGH SCHOOL

Festival Set up with large tent,  
professional staging & food trucks will  
be available

POWERED BY



Bosmansdam  
High School



KWENA  
group holdings

SCAN ME



TICKETS & ENTRY  
FORM AVAILABLE  
THROUGH  
THE APP

Candidates must be between the ages of 14 and 19  
Submission deadline is 15 May 2024



# THANK YOU!

A big thank you to our sponsors for their unwavering support. Your contribution makes our sports and cultural events a reality.

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# TERM 2 PLANNER

## MAY

MON	TUE	WED	THU	FRI	SAT	SUN
		1 	2	3	4  <b>RUGBY</b> Home vs Rusthof HS	5
6	7	8	9 Ascension Day 	10	11	12 
13	14	15	16	17	18  <b>RUGBY</b> Home vs Tygerberg Rugby Club	19
20	21	22	23	24	25  <b>RUGBY</b> Home vs Westerford HS	26
27	28	29  <b>ELECTION DAY!</b>	30	31		





coolideas

# SOCIAL MEDIA

Thank you to our  
designing, writing  
and editing team:

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- Ms. M. Fourie
- Caleb Lingomba
- Peyton Vardan
- Jonathan Kitange
- Lisa M

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Habberley; Ms M. Erasmus

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