

A decorative border made of watercolor-style illustrations of various flowers and foliage. It includes clusters of small white flowers, larger orange and yellow blossoms, and green leaves and stems, all set against a light pink background.

MAY 2024

# *a Knight*

ISSUE 5

# PRINCIPALS Day



## MR. VAN TONDER



### FUN FACTS

- A Braai master!
- Sports enthusiast.
- Proudly South African – lived in seven provinces.
- Diverse career, from selling chickens to teaching.
- Family man with a wife, two daughters, and pets.

### THANK YOU!

Happy Principal's Day! Your dedication, leadership, and unwavering support make our school a place of growth and inspiration. Thank you for all you do to nurture our students and foster a thriving learning environment. You're truly appreciated!

**"ALWAYS REMEMBER: YOU ARE BRAVER THAN YOU BELIEVE, STRONGER THAN YOU SEEM, SMARTER THAN YOU THINK AND TWICE AS BEAUTIFUL AS YOU'D EVER IMAGINED."**

FAVORITE QUOTE





# ALUMKNIGHT

*Chidimma Adetshina*

We are thrilled to announce that our outstanding former student, Chidimma Vanessa Onwe Adetshina, has reached the Top 30 of Miss South Africa 2024!

Let's join forces and show our support for this remarkable young woman.

Vote for Chidimma Vanessa Onwe Adetshina to help her shine even brighter! Your vote can truly make a difference.

To cast your vote, download the Miss SA app. Use the link provided to access her profile directly for voting (if you already have the app):

<https://misssa.page.link/Chidimma>

**#CHIDIMMAFORMISSSA**



Happy  
Birthday

BEST  
WISHES  
*for*



NICOLENE VAN VUUREN



May your smile  
brighten someone  
else's day.

WORLD  
SMILE  
DAY



Happy Smile Day!  
Remember: flashing those  
pearly whites daily might not  
exactly banish doctors, but hey,  
smile on!



# Interact club

## VISIT HUIS MARTINA

The Knights' Interact Club sprinkled happiness at Huis Martina with homemade goodies, fun games, and heartwarming chats with the elderly. A huge shoutout to the two mentors, Mrs. Coetzee and Mrs. Armstrong, for steering the ship. Hats off to the club for spreading smiles and making waves - can't wait to see what adventures they cook up next. You rock, Knights!





# World Baker's day



**Our knights are not  
only champions in  
battle but also kitchen  
wizards! Get ready to  
drool over the  
scrumptious delights  
our learners have  
whipped up for  
World Baker's Day!**





# Knights' Society

**Culture**  
**by Olu Akinyemi**

A nation's identification card. You have a ticket and you're immediately in the club. No matter where you are, you know that there is a whole population of people who share the same values as you. The best self-proclaimed elite club you have ever subscribed to. It may not be inclusive of all types of people, however that is the point.

Your people stick out to you. From style to popular references, even the way they walk to the way you walk: it is engraved in you and shapes the person you become.

Culture is best appreciated when it is shared, so if you don't think you have a membership card to at least one of club. GET ONE NOW. I am sure there is someone just waiting to give you a ticket in.

I know I am.





# I am a monarch.

by Codee J.P

For people I govern, those I hold dearly  
What ruler can I be if I can not maintain peace and serenity.

Till the sound of grazing grass and the brisk ocean breeze can take  
your mind to a place that cultivates creativity and progress for one's  
own country?

Do you see me as a ruler because I was born into wealth?

Or because your dreams lay on my shoulders with hopes that your  
children are able to smile carefree when the sun rises once again for  
what feels like eternity?

Just as you do- I too hold ambition not yet put out to dry, yet my  
passion for my life's greatest accomplishment, my empire, or rather  
my loving and adoring family- It is for you that I leave my land  
behind and dye my integrity a shade of darkened red.

What has a monarch ever brought upon their people?

What has a leader's responsibility ever brought to them?

Love unconditionally all that was gifted to you and reap the benefits  
that come with risking your life for something far greater than  
yourself.

You can rest for eternity as you never truly passed away, your soul  
will strive on with those in the future that are alive because of you.

I am a monarch, a doctor, a nurse, a teacher, mourn not that I have  
died, rather celebrate that we live to see another sun set to rise.



## Funeral by Caleb Lingomba

A funeral in my brain  
A scene all too familiar  
Mourning in secret.

Ruminating in the dark,  
Stagnant in memory  
Life dissolves into a single day.

Silence becomes my new routine,  
And solitude less foreign  
And I as lonesome as I came.

Everyday a repeat of the last  
Staring my room wall in the eye  
While the world passes me by.

My mind in a standstill,  
My world is on pause  
I'm somewhere in the middle.

Deeper in my dismay  
I fall down and down  
Another world dawns me.







# NOTHING TO FEAR DAY

Nothing to Fear Day is a paradoxical concept that invites introspection.

Fear is a universal experience – from a fear of frogs to the anxiety of disappointing Miss Cloete in art class. Rather than dismissing fear as a warranted reaction in certain situations, Nothing to Fear Day encourages us to confront our fears directly instead of avoiding them.

Let's confront our fears directly and assess if they are hindering our progress.

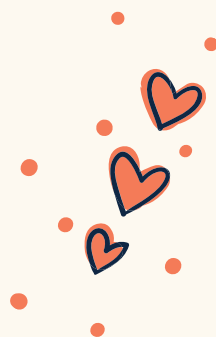
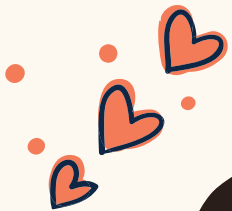
*Be brave*

# HAPPY MOTHER'S DAY

Legendary Mother Figures of our noble Knights,

Your boundless love, nurturing spirit, and words of wisdom are the secret ingredients in the magical potion that helps our young learners chase their wildest dreams. Every sunrise, we raise a toast to your unwavering dedication and endless love. Thank you for being the shining beacon and the pillar of strength for our students.

With heartfelt thanks,  
Bosmansdam High School



# World Blood Cancer Day!


DKMS 

DONATE 

Save others by donating your stem cells!

Register at [www.dkms-africa.org](http://www.dkms-africa.org)

 Patients with blood cancers, like leukaemia, often need stem cell transplants.

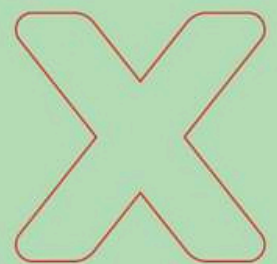
 The process to register as a stem cell donor is **simple and painless**. It typically involves a cheek swab that you can do at home.

 **Increasing awareness about the importance of stem cell donation within diverse communities** can help save more lives. Education and advocacy is crucial.

YOU CAN MAKE  
SUCH A HUGE  
IMPACT BY  
GIVING OTHERS  
YOUR BLOOD

## You could be the one!

*#UnitedByHope*



>>> Register today to become a stem cell donor

[dkms-africa.org](http://dkms-africa.org)



# Knight of honour



**Qyraan Herman**

Congratulations to Qyraan Herman for being selected for the U/16 Western Province Grant squad.

His commitment and effort have paid off with a place to compete in the SARU U/16 Grant Khomo Week.

We are extremely proud of you and excited to witness your success on the field!

## RUGBY MATCH RESULTS

### **Bosmansdam vs Rusthof**

4/5/2024

u14 A 24 – 38

u15 A 31 – 5

u16 A 8 – 0

u19 B 17 – 0

u19 A 34 – 3

### **Bosmansdam vs Tygerburg RFC**

18/05/2024

u14A 5 – 15

u15 A 26 – 10

u16 A 22 – 20

u19A 78 – 10

### **Bosmansdam vs Tygerburg RFC**

18/05/2024

u14A 5 – 15

u15 A 26 – 10

u16 A 22 – 20

u19A 78 – 10

### **Bosmansdam vs Collegians**

25/5/2024

u14A 14 – 45

u15A 26 – 5

u16 A 40 – 0

u19 B 57 – 0

u19 A 41 – 10



# INSPIRATION STATION

I give up.  
I can't do this.  
I've tried everything and still get nothing.  
I worked for hours on end just to fail.  
I guess trying was useless anyway.

I don't want to try because I know how it'll end.  
I'm not spending all my time studying knowing it's all gonna  
leave my head.

I'd rather sit here and accept the fact I'm failing, but I will not  
spend my nights begging myself to understand this work when I  
know it's going to serve me no purpose.

Well, failing is easier than passing.  
Giving up is easier than trying.  
Bringing ourselves down is easier than lifting ourselves up.  
But motivation and hope in passing will only find those who seek  
it.

We all know actions speak louder than words, and they're not  
wrong.  
We're so quick to "I won't and I can't" and it's easy enough for us  
not to because we've accepted failing and our actions have  
already put failure in place.

Accepting our failure, accepting low marks, and accepting the  
fact that repeating the same grade whilst your friends move on  
and watch you fall behind.

Have you accepted that?

BY ZOË VALENTINE  
@poet.zo



# NOTICE BOARD



YAY!

SCHOOL'S  
OUT!

SCHOOL CLOSURES: 14 JUNE  
SCHOOL OPENS: 9 JULY

DON'T  
MISS  
OUT!



- Netball & gym-based training sessions
- Position and game-specific coaching
- 50% discount entry to next Nova Netball tournament - with cash prize on offer!

Register Now



Call / WhatsApp  
066 257 3626

Website  
connectperformance.co.za



9:00 - 13:00: June 18, 20, 25, 27

Bosmansdam High School  
Bothasig Cape Town

Full Camp: R600 / Per Day: R250  
Connect partner school learners: R400 / R150!



- Field & gym-based training sessions
- Position and game-specific coaching
- Learn from pro coaches & athletes
- Selection for our international tour fixtures

Register Now



Call / WhatsApp  
066 257 3626

Website  
connectperformance.co.za



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Bothasig Cape Town

Full Camp: R600 / Per Day: R250  
\*Connect partner school learners: R400 / R150!





# coolideas

# SOCIAL MEDIA

Thank you to our  
designing, writing  
and editing team:

- Mrs. N. van Vuuren
- Ms. M. Mostert
- Ms. M. Fourie
- Caleb Lingomba
- Zoë Valentine
- Olu Akinyemi
- Codee J.P

## NEW POST

CONNECT WITH US  
ON SOCIAL MEDIA



Hoërskool Bosmansdam  
High School



Bosmansdam High  
School



Bosmansdam\_knights



## ATTENTION

Looking for a unique opportunity to showcase your brand and support education in your community at the same time? Look no further. We are looking for advertisers like you to feature in our monthly editions.

Please email: [cbarnes@bmdhs.co.za](mailto:cbarnes@bmdhs.co.za) for more information regarding promoting your brand.



# TERM 2 PLANNER

## JUNE

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 SCHOOLS CLOSE BYE!	15	16 Youth Day!  HAPPY FATHER'S Day
17	18	19	20	21	22	23
24	25	26	27	28	29	30